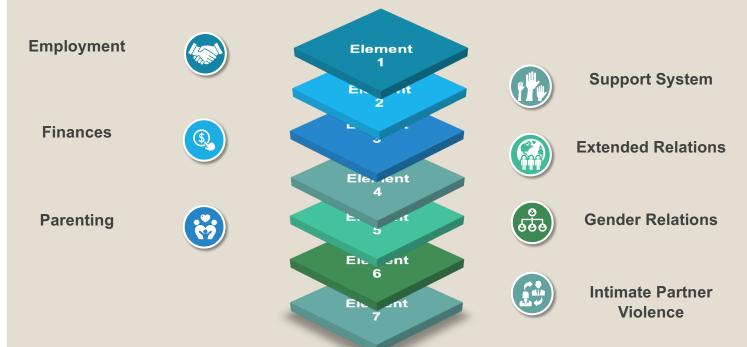
# Integration of African Immigrants to Alberta (Challenges and Recommendations)

African immigrants to Alberta are faced with array of challenges during transition and integration into their new home. These challenges are grouped into five main elements below.

Click on each element for a break down of the challenges and recommendations



This information sheet sheds light on three important factors:



African immigrants expect integration to be a two-way process, an effort on their part to adjust to a new environment and an effort on the host society to respond to their needs

01



African immigrants need support to address and navigate systemic barriers, to build a sense of community and identity to pass them onto the next generation

02



African immigrants' remarkable resilience is reflected in how they continually strive to improve their lives, even with the many barriers they face

03

# **Employment**

### Common concerns



### Recommendations



# **Finances**

### Common concerns

### Financially uninformed

Poorly informed financial decision making due to a lack of understanding the financial system in Canada

#### Two main challenges

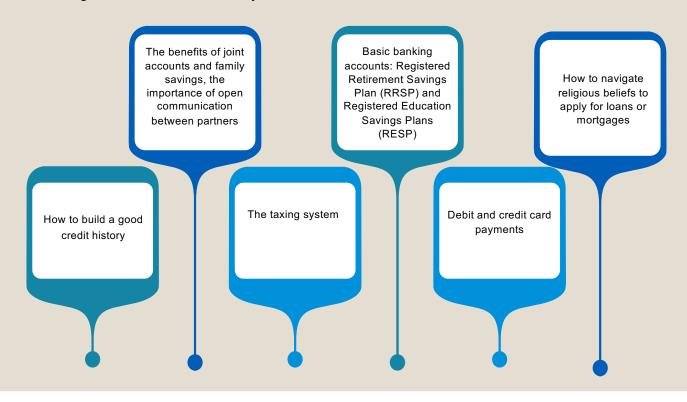


#### Adherence to traditions

Rigid adherence to men's traditional role as breadwinners and the primary decision-makers for the family

### Recommendations

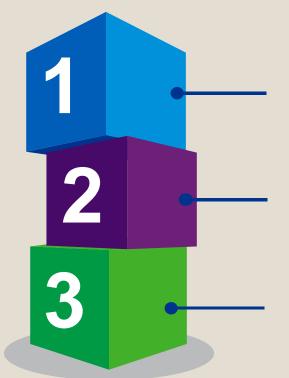
It's crucial to educate newcomers on the financial system in Canada and it's differences compared to the African financial System. The Government should work with SSA stakeholders to develop learning modules tailored to key elements of Canada's financial system relevant to rebuilding life as newcomers. Key elements such as:



# **Parenting**

### Common concerns

African families place great emphasis on developing close and supportive relations with their children. However, parenting is a major concern when integrating between two cultures, due to:



Lack of familiarity and understanding of the mainstream culture

Use of both corporal and non corporal punishment to discipline children

Language and communication barriers between parents and children

### Recommendations



Educate immigrant parents on parenting in the western culture such as the different parenting styles and ways of disciplining



Guide parents on how to better support their children with their educational needs



Encourage
parents to
become involved
with their
children's
education



Educate parents on finding a work-life balance



Supporting parents to encourage their children to attain a university degree

# **Support System**

### **Common concerns**



Limited use of mainstream service providers and reliance on informal support and religious groups



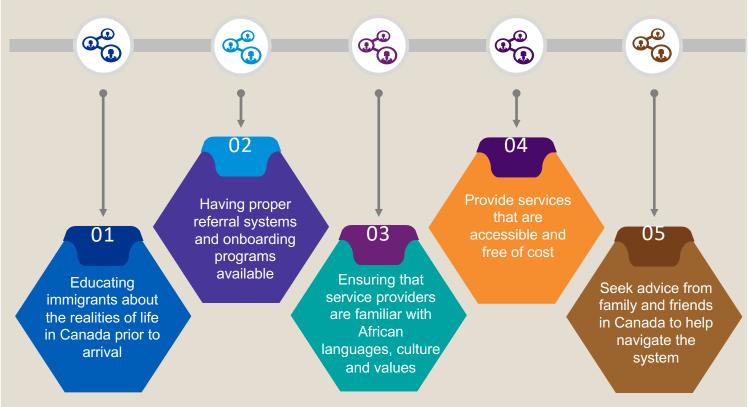
Lack of awareness to the existence and location of services



Inability to use resources due to: financial difficulties, language barriers, discriminatory practices, fears of negative stereotypes and stigma







# **Extended Relations**

The majority of African immigrants acknowledge the importance of having strong relations with their extended families and feeling responsible to financially support them,

### **Common concerns**

#### **Positive Impact**

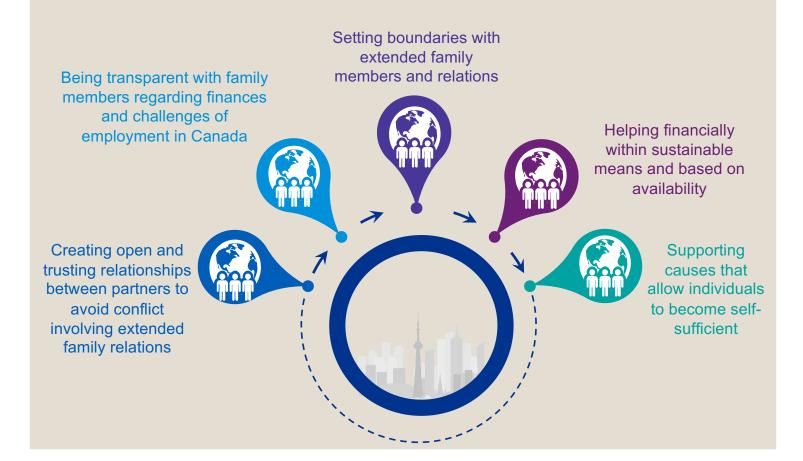
**Extended family relations** 

#### **Negative Impact**

Encouragement and support

- Straining family finances
- Interfering with family relations

### Recommendations



# **Gender Relations**

Gender relations is a central element of marriage and family life which interacts with migration and settlement processes. A higher level of tension between partners occur after migration.

### Common concerns

#### Male's view:

- Acknowledge the positive impact of women's empowerment
- Feel that their rights and role are diminished in Canada
- Still maintained traditional beliefs on their patriarchal role as the breadwinner and decision maker in the household

#### Female's view:

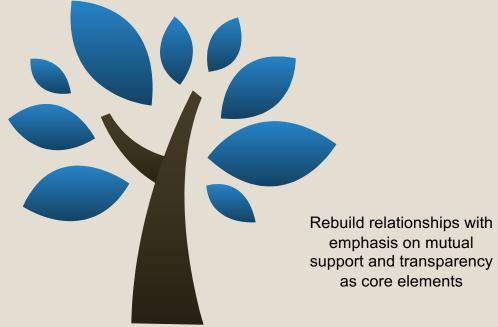
- Acknowledge the need to re-adjust gender roles to meet the needs of their family
- They are more willing to settle for the low paying jobs.

#### Both:

Acknowledge the toll that financial stressors, lack of family support, unfamiliarity with the host culture, conflict with their children and limited employment opportunities take on immigrant families

### Recommendations

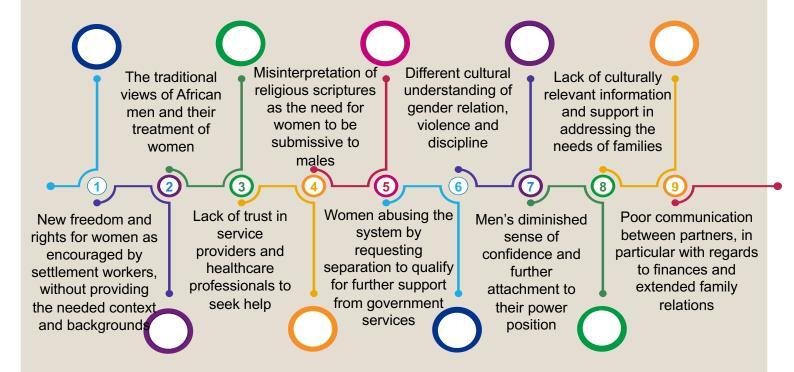
Prepare to live with limited traditional support system, especially for childcare and family chores



# Intimate Partner Violence

The interplay of barriers to settlement, lack of familiar support and the need to adjust to a new culture and its norms can impact gender relations and at times lead to violence.

### **Common concerns**



## Recommendations (in the early phases of settlement)

